

Medications to be Avoided Prior to Surgery

New drugs appear on the market every day. If you do not see the name of the pain, cold/allergy or herbal medicine you are considering taking, please call Dr. Alford's office to ask for guidance: 713-532-3223.

You will need to discuss discontinuing any prescription blood thinners (ex: Plavix) with Dr. Alford and the prescribing doctor 2 weeks before surgery. Do not take any type of prescription or over the counter diet pill for a minimum of 2 weeks prior to surgery. These medications can cause life-threatening interactions with the drugs used for anesthesia.

The following products can increase the risks of bleeding. Please avoid the use of these medications for a minimum of 2 weeks prior to your surgery.

Prescription Pain Relievers to be Avoided

Anaprox	Darvon-N.A.S.	Lortab ASA Tabs	Roxiprin Tabs
APC	Diclofenac	Magan	Salflex
Artha-G	Disalcid	Meloxicam	Salgesic
Asproject	Dolobid	Meprobamate & Aspirin	Salsitab
Axotal	Doloprin #3	Meprogesic Q Tabs	Sodium Thiosalicylate
Azdone	Easprin	Micrainin	Soma Cmpd – Codeine
D-A-C	Empirin with Codeine	Mobidin	Ster-Darvon with ASA
Butabital Compound	Epromate Tabs	Mobic	Synalgos-DC
Celebrex	Equagesic	Monacet with Codeine	Talwin Compound
Clinoril	Equazine-M	Mono-Gesic	Tolectin
Cyclobenzaprine	Feldene	Naprosy	Trilisate Liquid
Damason-P	Fiorgen PF	Norgesic	Trilisate Tabs
Darvon Compound	Fiorinal	Panalgesic	Tusal
Pulvules	Fiorinal with Codeine	Percodan-Tabs	Voltaren
Darvon-N Compound 65	Flexeril	Percogesic	Zorprin
Pulvules	Indocin	Persistin	
Darvon with A.S.A.	Isollyl Improved	Rexolate	
Pulvules	Lanorinal	Robaxisal	

Cold and Allergy Medicines to be Avoided

Alka-Seltzer Plus Cold Tabs	Fiogesoc Tabs	Sine-Off Sinus Medicine Tabs
Coricidin	Rhinocaps caps	Triaminicin
Dristan	Sine-Aide	Urinus In-Lay Tabs

Over The Counter Pain Relievers to be Avoided

Advil A.S.A. Enseals A.S.A. Pulvules Anacin Anodynos Tabs Arthritic Str. BC Powder Ascriptin Aspergum Aspirin Caps Bayer Children's Chewable Aspirin Bayer Children's Aspirin BC Powder BC Tabs	Buffa-Comp Cama Arthritis Pain Rel. Children's Aspirin Dasin Caps Doan's Caps Duentric Duradyne Tabs Ecotrin Ecotrin Max. Strength Emprazil Empirin Excedrin Caps & Tabs Gelpirin Gemnisyn	Gensan Genuine Bayer Aspirin Goody's Headache Powder Ibuprofen Magnaprin Measurin Midol Caps Momentum Caps Motrin Norwich Extra Strength Nuprin Pabalate Pabirin Buffered Tabs P-A-C Tabs Pain Reliever Tabs	Salagen Salatin Caps Saletto Salocol Sodium Salicylate Supac Synalgos Caps Synalgos D.C. Tenol-Plus Tabs Trigesic Tri-Pain Valesin Tabs Uracel 5 Verin
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Pain Relievers/Antacids to be Avoided

Herbal Medications to Avoid

Alka-Seltzer Alka-Seltzer & Antacid Alka-Seltzer Extra Strength & Antacid Ascriptin Ascriptin A/D	Buffaprin Bufferin Bufferin Extra Strength Buffets II Tabs Buffex Buffinol	Cope Tabs Pepto Bismol Presalin Vanquish Caps Wesprin Buffered Zomax	Echinacea Fish Oil Feverfew Garlic (high dose) Ginger Ginko Omega 3 Fatty Acid St. John's Wart
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Topical Medications to be Avoided

Absorbent Rub Absorbine Arthritic Absorbine Jr. Act-On-Rub Analbalm Analgesic Balm Antiphlogistine Arthralgen Aspercreme Aspirin Suppositories Banalg Ben Gay	Ben Gay Str. Balm Ben Gay Gel Ben Gay Greasless Oint. Ben Gay Original Braska Counterpain Rub Dencorub Doan's Rub Duragesic Emul-O-Balm End-Ake Exocaine Plus Exocaine Tube	Heet Heet Liniment Heet Spray Icy Hot Balm & Rub Infra-Rub Mentholatum Deep Htg. Minit-Rub Musterole Rubs (all) Neurabalm Oil-O-Sol Omega Oil Panalgesic Rid-A-Pain	Rumarub Sloan's Soltice Hi-Therm Soltice Quick Rub Sport Crème SPD Stimurub Surin Yager's Liniment Vitamin E (& oral) Zemo Zemo Liq. Ext. Str. Zemo Ointment
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